



Week 3-4 | Term 1 | 2023 | Term

TRINITY TRIBUNE

FROM THE DEPUTY PRINCIPAL

In schools there has been a growing prevalence to remove co-curricular activities from the list of events students engage in at school; however, this is often done without thought about the reason why we complete these activities and the long-term neurological benefits for the students.

Firstly, the language we use of co-curricular activities is essential rather than extra-curricular, this is because we see these activities as essential to developing the whole person. One of the questions we ask about how we measure a great school is, what does the student look like as they graduate from school. Are they able to engage in conversation with an adult, have they been equipped to walk into a job interview or university or TAFE placement interview with confidence and articulate well, engage in conversation, and present themselves well?

All these skills are learnt as part of their development of their emotional intelligence or EQ. Significant research has been completed around the development of EQ and the evidence is clear that the students who are engaged in co-curricular activities (as well as focusing on their Intellectual Quotient) develop a higher EQ and thrive as adults.

Over the last two weeks there have been so many students engaged in co-curricular and class activities that give opportunity to develop

EQ, some of the include: Years 4-6 Swimming, Year 9-10 Snorkeling, Years 3 Gymnastics, Mueller College Worship Conference and the Year 9 Visual Art Paint the Port Excursion. This hasn't even touched on the leadership scope through sport, Student Representative Council and Primary and Secondary Leaders, which are other great opportunities to develop their personal and social skills ready to equip them for the life they will lead.



Mark Lewis

UPCOMING EVENTS

TERM 1, 2023

WEEK SIX

Y4-12 SWIMMING CARNIVAL

Friday 3 March

WORLD DAY OF PRAYER

GLADSTONE UNITING CHURCH

1 Uniting Place, Telina

Friday 3 March, 10am

Prep-Year 3 Clean Up Australia Day Activities

Friday 3 March

9am - 12:30pm

WEEK SEVEN

CLEAN UP AUSTRALIA DAY

Sunday 5 March

YEAR 7 CAMP

PCYC Yeppoon

Wednesday-Friday

8-10 March

PJ MARSH PRIMARY RUGBY LEAGUE GALA DAY

Friday 10 March

WEEK EIGHT

NAPLAN

Wednesday 15 March

- Friday 17 March

YEAR 12 RACQ DRIVER DISTRACTION PROGRAM

Wednesday 15 March

MUELLER COLLEGE WORSHIP CONFERENCE



MENTOR GROUPS



WEDNESDAY AFTERNOON ACTIVITIES

